



**Because the tougher it gets to be a teen...  
The tougher it gets to be a parent!**

# the PARENT PROJECT®

*Facilitated by the*



ORANGE COUNTY SHERIFF'S DEPARTMENT

**I**f you have a strong-willed child, the Parent Project® behavioral modification program is for you. Strong-willed children often test limits, challenge authority, argue insistently, commit crimes, experiment with dangerous substances, run away from home, perform poorly in school, and threaten violence.

The Parent Project curriculum offers parents concrete, no-nonsense interventions and solutions to reduce and manage these problematic behaviors. The straightforward, step-by-step action plans are research-based and time tested techniques that allow parents to take immediate steps toward the intervention process to restore peace and order.

- Learn to never argue with your child again
- Improve school attendance and performance
- Prevent or intervene in alcohol & other drug use
- Learn communication skills and reconnect with your teen

## **10-week course**

**January 9th through March 13th, 2025  
6 pm to 9 pm**

**Yorba Linda Community Center  
4501 Casa Loma Avenue  
Yorba Linda, CA 92886**

The classes meet once a week for ten weeks and are facilitated by Parent Project-certified instructors with experience working with strong-willed teens. The Parent Project is endorsed by the Orange County Sheriff's Department, the Placentia-Yorba Linda Unified School District and the Orange County Department of Education.

**This course is open to the public and free to attend. To learn more about the Parent Project, please visit [parentproject.com](http://parentproject.com).**

To sign up for the class, please email Brian Gunsolley at [Communityengagement@ocsheriff.gov](mailto:Communityengagement@ocsheriff.gov) or call (714) 647-4133

